



## **HEALTH TIP #29 – BETAGARD NATURAL DETOX By Maryellen Vandenbrink, RNCP**

### **WHY YOU MAY NEED THIS PRODUCT:**

The increasing presence of toxic chemicals in our environment increases the risk of life-threatening illness.

GNLD's Betagard offers nutritional protection. Its synergistic blend of antioxidant and detoxifying nutrients helps the body neutralize and metabolize toxic materials.

### **WE LIVE IN A SEA OF TOXIC CHEMICALS**

- Motor vehicle exhaust. Industrial pollution. Smog. Fumes from paint, cleaners, and hairspray. Smoke from barbecues, cigarettes, and fireplaces. Water tainted with pesticides, herbicides, fertilizers, heavy metals, and chlorine compounds.
- Food containing residual chemicals and artificial additives. Today, pollution is everywhere, and it has become a primary threat to our good health.
- The American Cancer Society estimates that 80% of all cancers are either directly or indirectly related to chemicals and other toxic agents polluting our environment. Although some pollutants are no longer actively used, they will probably never be gone from the environment. We are exposed to more and more chemicals each year.
- Pollutants increase our risk for cancer and other illnesses, including heart disease, kidney disorders, emphysema, anemia, and liver disease.

### **ANTIOXIDANTS: DEFENSE AGAINST FREE RADICAL DAMAGE**

- Many pollutants do their damage by increasing oxidative attacks on the body's cells, causing damage that can set the stage for disease to develop.

### **BENEFITS:**

- **Liver & brain detox – natural detox**
- **Solution for environmental allergies**
- **Supports immune system**
- **Protects you from toxins in our environment**



## WHY GNLD BETAGARD?

**Developed by world-renowned toxicologist, Dr. Arthur Furst.** Formulated specifically to assist in defending your body against harmful agents in our air, water, and food.

■ **Synergistic blend of both antioxidants and detoxifying**

**nutrients** to help your body interrupt toxic processes and protect against cellular damage from environmental pollutants.

■ **Provides antioxidant protection.** Contains beta-carotene and other carotenoids as they occur naturally in carrots, plus vitamin C and the complete vitamin E family of tocopherols and tocotrienols.

■ **Helps detoxify foreign substances which are ingested or**

**inhaled.** B-vitamins, including riboflavin, niacin, and pyridoxine, and magnesium, help detoxify foreign substances.

■ **Helps protect against heavy metal contamination and**

**helps boost immune function.** Zinc, selenium, and GTF chromium aid the body's vital defenses.

■ **Provides as much beta-carotene as two large carrots.**

■ **Amino-acid chelation** improves absorption of beneficial minerals.

## HOW TO TAKE:

3 tablets daily

If doing liver and brain cleanse, take 6 tablets daily (2 with each meal) for 30 days and then follow with 6 lecithin a day for 30 days. Make sure bowels are regular when you are doing this cleanse.

It is recommended when you first start taking betagard that you drink lemon and water to help you detoxify faster. Use fresh lemon squeezed into filtered water. It also helps prevent headaches.

## TESTIMONIES:

My name is Nada St. Germain; I have been a distributor for 15 years now and would like to share my story on Allergies.

I suffered from Allergies for years. When I started the GNLD products 15 years ago I could not believe my allergies improved to a level where I did not need to use anti-histamines!!!!!!!!!! I used anti-histamines year round and really depended on them for sinus relief.

The products that really helped boost my immune system were Tre en en, Nourishake Carotenoid Complex, Beta Gest and Enzymes with my meals, and 2 acidophilus a day. By improving my digestion I was able to utilize the nutrients in my diet much better and get the yeast under control. I also used the Resp-Eleven, which just helped relieve some of the symptoms. I would take them if going to someone's home that I knew had cats and in the morning after waking up in the morning if I was congested and the Resp Eleven gave me relief.

I felt great, did not use antihistamines and used the Resp eleven instead.

I was still a little sensitive to cats and still would take my Resp Eleven when going to someone's home that had cats, but something amazing happened.

One year ago, I listened in on a conference call from one of our Scientists Dr. Sheppard and his talk was on Allergies. The first product on his list was BETAGARD! He stressed how it detoxified the body and would help get allergies under control.

Well guess what, I have been taking the Betagard for one year now. I SLEPT OVER AT A FRIENDS HOME...AND SLEPT WITH TWO BIG HAIRY CATS!!!!!!!!!!!!!!!!!!!! AND I FORGOT TO TAKE MY R ELEVEN!!!!!!!!!! I was totally allergy free.

So anyone with allergies...I recommend to add Betagard to your program!!!!!!!!!!

## **Nada St. Germain**

My son, James is 14 years old and over the last 2 years, he has been suffering from allergies starting in the spring. Last year, he was in pretty bad shape as he was constantly blowing his nose and had itchy red eyes, starting when he woke up in the morning till the evening. I even remember him sticking Kleenex tissues up his nose to stop the dripping. For the sake of this testimony, I will add that the mucous leaving his system was in vast amounts!! His throat was constantly itchy. My heart went out to my poor son. I gave him anti-histamines which sometimes helped.

My good friend and sponsor, Nada St. Germain told me to give James Vitamin A, Resp. 11 and Betagard. After about 2 months, James mentioned that he felt better. His morning sneezing ritual had dropped from "constant" to "sporadic". His eyes didn't look as bloodshot as they usually did.

Well, James started on the GNLD supplements last fall 2007 and since it is now spring 2008, he is starting his sniffles. So far, his symptoms are so minor - a few sniffles and nose blowing in the morning.

I know that GNLD has helped James with his allergies. James is also on other GNLD products which I know have contributed to his overall good health. He takes Nourishake (good for



hormones since he is 14 years!!), Formula IV, Tre en en, Salmon Oil Plus, Carotenoid Complex, Neo Cal. To keep his digestive system in good order, I also give him Acidophilus and periodically Aloe Vera Juice.

Sincerely,

**Leonie McCullough**