



HEALTH TIP #5 – CAROTENOID COMPLEX

By Maryellen Vandenbrink, RNCP

BENEFITS:

Stronger immune system, helps prevent colds & flues, slows aging & protects against oxidation of cholesterol

WHY GNLD CAROTENOID COMPLEX?

3 Capsules = 8.25 pounds fruits & vegetables

Made from whole foods: carrots, paprika, tomatoes and spinach, strawberries, peaches & apricots

USDA STUDIES ON CAROTENOID COMPLEX

- 1. Boosts immune system 37% in just 20 days**
- 2. Curbs oxidation damage to cells 44%**
- 3. Increases natural killer cells by 20%**
- 4. Helps protect against heart disease – protects the LDL cholesterol from oxidation**

HOW TO TAKE: 3 capsules daily with food

See attached Tips for Boosting Your Health & Immunity & check out www.carotenoidcomplex.com

TESTIMONIES:

LIZ TURNBULL, MILTON

I used to be sick all the time. Every winter I would catch every cold. My mom used to get sick all the time so I thought I was just like her. One day I met Maryellen at my health club. She told me I didn't have to be sick all the time and recommended carotenoid complex to boost my immune system. When I looked at the research, I was very impressed because the product was made of fruits and vegetables. Although I ate a great diet, I had been told by a naturopath that I was unable to absorb the nutrients from fruits and vegetables. It made so much sense to supplement with this product.

Once I started taking the carotenoids or black footballs as I call them, I am never sick. I am absolutely thrilled to be healthy. Last year my husband had 8 colds and I did not catch one of them. After being on the products for 6 years and experiencing amazing health, I got a little



careless and slacked off on my carotenoids and I got sick again. Never again. I know that taking carotenoid complex keeps me healthy and happy.

JOANNE WATSON, BRAMPTON

Carotenoid Complex has really been great for me and my children. I haven't had bronchitis, used my inhalers or had to take any antibiotics since starting Carotenoid Complex. My allergies are even better. If I find myself getting a cold, I take a few extra Carotenoids, get lots of rest and I seem to fight it off.

My kids haven't been on antibiotics either since starting to take this wonderful product either. They no longer have their dark unhealthy circles under their eyes. They don't miss school like they used to either.

Carotenoid Complex has been a life changing product for our family. Thanks to GNLD.
