

**HEALTH TIP #24 – NUTRIANCE
GNLD'S AGE DEFYING SOLUTION
FOR BEAUTIFUL SKIN
By Maryellen Vandenbrink, RNCP**

WHY YOU MAY NEED THIS PRODUCT:

Youth Renewing! Nutriance reverses signs of aging by erasing fine lines and wrinkles, replenishing lost moisture, and enhancing cellular renewal. Skin looks, acts, and feels more youthful!

Skin protecting. Nutriance delivers broad-spectrum UVA/UVB protection to shield skin from solar damage while delivering potent antioxidants, for vibrant, younger looking skin!

Age defying. Nutriance protects collagen and elastin structure to defend against “photo-aging,” and creates a youthful moisture-lipid balance. Defy aging with every use! Rediscover the resilient, glowing skin of your youth, and keep it looking younger, longer, with Nutriance — your age defying solution!

TURN BACK THE HANDS OF TIME WITH NUTRIANCE®!

BENEFITS:

The Nutriance® Synergy Cycle is the ultimate age-defying skin care system. Each product builds on the performance of the previous step, helping your skin to combat the aging effects of your environment. The Nutriance skin care system will restore your skin's fresh, youthful look within days.

Look 10 years younger!

Nutriance can help you to win the fight against aging!

WHY GNLD NUTRIANCE SKIN CARE PRODUCTS?

Nutriance has been proven in world leading laboratories to reduce fine lines and wrinkles by up to 28% in just 28 days! Nutriance is your age-defying solution.

Nutriance®Cleanser — Moisture-rich formula contains pure Avocado Oil, Selected botanicals that enhance the skin's natural, healthy moisture/lipid balance so your skin feels fresh and awakened including: Extracts of Orange Flower, Eyebright (Euphrasia), Ivy, Sweet Almond, Green Tea and Echinacea, known for their antioxidant and immune-boosting properties.

Nutriance Purifying Facial Scrub — Carefully formulated with ultra-fine grains, Nutriance stimulates circulation and clears away dull, lifeless skin cells, leaving skin 33% softer after just

one application! Exfoliates with ultra-fine Walnut Shell Powder and Witch Hazel. Soothes with Aloe Vera Gel and Chamomile. Water based formula rinses easily.

Nutriance Toner — Water based, alcohol-free formula. Natural herbal extracts, such as cone flower extract, orange flower extract, ivy extract, sweet almond extract, pure avocado oil soothe and firm your skin while reducing visible pores by 17%.

Nutriance Moisturizer — Water based formula contains skin-enhancing amino acids, Aloe Vera, vitamin E and Avocado Oil. Extracts of Orange flower, Eyebright (Euphrasia), Ivy, Sweet Almond, Green Tea and Echinacea SPF 4. Experience up to an 86% increase in skin moisture 30 minutes after application, and still have 67% higher moisture 4 hours later!

Nutriance Renewing Antioxidant Treatment — Water based formula Antioxidant Vitamins E, C and A Green Tea and Echinacea Natural humectants, proteins and amino acids & SPF of 4. *With exclusive ACR technology, Nutriance reduces fine lines and wrinkles by up to 28% in just 28 days.* It actually accelerates your skin's youthful metabolism!

When it comes to Nutriance, only the best will do. That's why the world's finest Swiss formulators were selected to work with some of the world's leading scientific minds — GNLD's renowned Scientific Advisory Board — to develop Nutriance.

HOW TO USE:

The Nutriance Synergy Cycle is a 5-step process formulated and proven to make your skin look and act younger within just days, and to keep it looking younger for life with continuous use. Each product not only delivers its own specific benefits, but it also fits within the whole cycle. Every product in every step builds upon the performance of the one before, prepares the skin for the next step, and multiplies the benefits.

***STEP1* CLEANSE**

Apply a small amount of Refreshing Facial Cleanser with fingertips, moving upwards and with a circular motion, until your entire face and neck are evenly covered. Rinse off or remove with a warm, wet facial cloth. Pat with a soft towel. Do not rub. Removes facial oils, makeup and dulling impurities. Leaves your skin feeling clean and fresh.

***STEP2* EXFOLIATE**

Apply Purifying Facial Scrub gently to your entire face and neck, with an upward, circular motion. Rinse with warm water to remove, then pat dry. Use twice a week. For oily skin you may want to increase to 3 times a week. Great to keep in the shower as rinses easier and also great for body scrub. Encourages healthy circulation and clears away old skin cells with ultra-fine Walnut Powder and Witch Hazel.

Buff yourself younger to reveal a sparkling new you.

STEP3 REFRESH

Dampen cotton ball with Refining Toner. Apply generously to your face and neck with upward and outward strokes. Repeat the process until cotton shows no trace of dirt or make-up. Your skin feels pleasantly refreshed as your naturally youthful oil-to-moisture ratio is gently encouraged with a unique combination of botanicals. Avoid getting directly into eyes.

STEP4 MOISTURIZE

Apply Enriching Moisturizer evenly to entire face and neck. Rehydrates your skin, boosts natural moisture retention, and defends collagen and elastin against aging free radicals.

STEP5 RENEW & PROTECT

After moisturizing cream, apply Renewing Antioxidant Treatment evenly to entire face and neck. Renew your skin's metabolism while protecting against oxidation and UV aging, allowing your skin to look younger, longer. Begin now to reverse the aging process!

TESTIMONIES:

As an adult, I suffered from problem skin. I had constant break outs especially around my mouth and chin. I had itchy red dry skin around my nose and mouth in the winter. It was embarrassing. I was always trying to cover my blemishes and scars with makeup.

I have worked in spas for about 10 years as a Registered Massage Therapist. Because of this I had access to very expensive high end skin care lines. I have tried at least 4 different brands with very little success. I was a bit of a skin care "snob" and thought that it had to be expensive to work even though nothing was working for me.

I had been using GNLD for about 4 years but never considered the skin care. I decided to try it 6 months ago. It has completely changed my life. I do not break out anymore. I might get a pimple every 4-8 weeks. My scars have faded! My skin feels so amazing. It is plump and not dry at all. I am 41 years old and I was starting to see fine lines and wrinkles especially around my forehead and nose. Now these lines are barely noticeable. A friend the other day told me I looked liked I was 25 not 41! I will never use anything else again.

I love how simple the skin care is. The Facial Cleanser feels light and refreshing. The Enriching Moisturizer is so light and not greasy. I also love the Facial Scrub and the Collagen Cream. I love that there is no strong scent.

I don't have to use makeup to cover anything up anymore.

The best part is that I spend so much less now on my skin for so much more. It doesn't get any better than that.

Thanks GNLD
Sarah Aucoin, Mississauga

When the Nutriance products initially came out in 2000, I wanted to try the Nutriance Synergy Cycle for myself. At first my parents weren't exactly for the idea, as they didn't think it was needful. I was fifteen years old at that time, and according to them, my skin was just fine. Compared to most teenagers, I had very little acne problems, which I definitely attribute to the GNLD supplements, which at that time, I had been taking for almost half my life.

The more I read about the new Nutriance line, the more I wanted to try it. After working on my parents for a short time, they very sweetly presented me with my own set! I was excited to try the Synergy Cycle even though I didn't expect any great results. I looked at this as a preventive measure for the future – I figured that if it was proven in a clinical study to reduce wrinkles 37% in just 20 days, then if I started now, I would never have to worry about a wrinkle appearing!! ☺ I knew it was going to help my skin now, but I didn't realize to what extent.

As soon as I started using the Nutriance Synergy Cycle on my face, I noticed a difference. Not only did I love how it felt but my skin started looking better also. My skin had more life and color to it and looked healthier...more vibrant. And it wasn't just me noticing the difference either. In fact, two friends who had known me since infancy (☺) wanted to know if I was now using makeup regularly. They just could not understand what else could make my skin color and tone look so different...and so much better, as they put it! They were a little shocked to realize that, no, I was not wearing makeup and the only thing I had done differently was start using the skin care set from the nutritional company that my parents were with. Needless to say, they were soon using the skin care products for themselves and receiving the same phenomenal benefits!

When I was younger, before the Nutriance products came into my life, I could not wait until I was 'allowed' to use makeup (my dad was not overly fond of it ☺), as I felt like my skin was pale and dull. But now, I don't feel any need for makeup. The Nutriance is almost like wearing makeup, except it gives a more natural glowing look. Almost everyone I know who uses these products repeats the same thing – they all start cutting back on their makeup, as they don't feel the same need for it.

These Nutriance skin care products are absolutely amazing! I wish there was a way for me to get these products in front of every woman in America – I feel bad that they're spending money on products, which I KNOW are not delivering the same results as GNLD will deliver. After looking into different skin care lines and looking at the science and clinical studies backing GNLD's Nutriance line, I can confidently say that GNLD far surpasses the top brands out there. In fact, the Swiss manufacturer that produces our skin care line, whose laboratories we used to research our line, was already producing the "top" skin care line sold exclusively in department stores. Even though our line and the other line are similar in many ways, the GNLD skin care was produced according to the latest scientific research, as well as being significantly less expensive. A bottle of their moisturizer sold for over \$100 while our moisturizer was under \$20. My sympathy goes out to those poor ladies paying extra for that "top, exclusive" brand when they could have the best with GNLD.

I have not known a single person, who after using the Nutriance skin care line has not fallen in love with them. When we share these skin care products with others, we are really doing them a favor! I must admit, at first, I was a little shy to share these products with others. Not only did I not want them to feel like I was trying to sell them something, but I also didn't want them to think I was putting down their skin complexion or thought they didn't already look good. :) However, after experiencing the Nutriance results myself, I knew it just was not fair to withhold the information. "Do unto others as you would have them do to you." ☺

I knew this one girl who had such a pretty face, yet her beauty was marred by a bad case of acne. Her face was literally covered in acne to the point where it looked all aggravated and red. Her parents had taken her to doctors and dermatologists and they had been trying everything from skin care products to special prescriptions but nothing worked, some things even made it worse. After she started on the Nutriance Synergy Cycle along with A and Zinc, her acne started clearing up. Within one month, her mother told me that 50% of her acne was gone. They were ecstatic; mother and daughter both told me that these products were an answer to prayer. They had given up on being able to help her acne. Her mother was so pleased with the results, that she also put her son on the program to help his acne.

One dear friend who started using the Nutriance Synergy Cycle a few years ago, emailed me a while back to say,

"After I started using the GNLD Nutriance skin care program, my face cleared up, became brighter, fresher feeling. I found myself not having to use make-up anymore, it didn't feel as 'dirty' all the time either, and it wasn't going back and forth between 'oily' and 'dry". It's been a big difference since I've started using it. :)"

Sharing these products with others is SO rewarding. It is awesome to see the difference they make! I absolutely love these skin care products, and if I can help it I will never be without them. The Nutriance products are my face! :)

~ Esther Clark, Atlanta Georgia

Let's be honest... a woman's skin (besides hair of course) is so important to her general outlook and self-esteem. Over a year ago, I was so desperate for a solution for my adult acne that I had subscribed to the Pro-Active skin care line. It worked, the acne was gone, but I found that the regime was too harsh and drying over the course of a year, leaving my skin very ragged and dry. One evening I took a long hard look at my skin. I admitted that I had to do something else that was not so harsh, and to think of the future of my skin, as I had just hit the 35+ stage of my life. While in California in November 2003, Nada and Tammy had come to my Mom's to hold an in-house GNLD presentation. They visited with us for 3 days. During this time I got to use their Nutriance skin care and was immediately impressed by what the products accomplished in so little time. Besides my skin's acne and an overall dullness, I had a large patch of eczema below the corner of my mouth, and the products reduced it to a small dot in one application... literally!

When I returned to Canada, I asked my husband for the GNLD Nutriance skin care line for Christmas. I have been using the products daily, and have not since even been intrigued by other skin care lines, as this skin care system really does work and does do all the things it promises, too. My skin tone, clarity, texture, and elasticity have been renewed, rejuvenated and the acne and eczema remain at bay even through the most stressful of days. It has been almost 2 months now, and my lines are certainly less pronounced, as an added bonus. My friends have even noticed my “glow”, and asked what I have been using (something on which I have never been approached before). GNLD Products work... that is the undisputed message here. With each new product I add, there is just no going back...there are no alternatives even necessary to consider. I have included a picture, it is not a great one, but it does show the improvement in my skin!

Thank you for listening,

Natasha



“It’s amazing to see what these products have done to my skin in such a short period of time. Nutriance® has tightened my pores, and my lines are either not as deep or they’re completely gone.”

— Jewell Stephens, Ohio

“I feel like I’ve gotten a mini-facelift. It’s fantastic!”

—Charlotte Shelton, Texas