



HEALTH TIP #7- TRE' – NUTRITIONAL ESSENCE OF SUPER FRUITS

By Maryellen Vandenbrink, RNCP

BENEFITS:

Anti-oxidant & anti-inflammatory, increases mental clarity, slows aging, great for sore throats from colds & flu, prostate & breast health, pomegranate juice protects cardiovascular system from hardening of the arteries & slows cholesterol oxidation by 50%*, improves blood flow** & Tre' does so much more

WHY GNLD TRE'?

POTENT & UNIQUE. A combination of the purest extracts of Pomegranate, Acai berry and Green Tea, long with GNLD's proprietary inflox berry blend enhanced with resveratrol (nutrient in red wine studied for cardiovascular and genetic protection properties and potential for extending lifespan) and Alpha-Lipoic Acid (a powerful water and fat soluble anti-oxidant that regenerates vitamins C & E and reduces oxidative stress).

POWERFUL. Contains standardized amount of active ingredients such as punicalagins in Pomegranate and polyphenols in Green Tea, you are assured a powerful measure of the most potent bioactive essence in each serving.

DELICIOUS & CONCENTRATED. Tre is not just juice!! It is a unique combination of nature's most health-enhancing antioxidants to bring you a pure essential of nature, based on a foundation of science. From the first sip you will experience the refreshing taste and the invigorating potency of the ingredients.

HEALTHY & SMART. A revitalizing essence with a low glycemic response which is safe for diabetics.

HOW TO TAKE:

1-2 ounces daily. Keep refrigerated.

Excellent for adults & children

TESTIMONIES:

My Dad is 85 years old and his cancer has been spreading in the last few months. He's been taking the Tre' beverage for more than a month now, and after his recent visit to his oncologist, he was told that he was unrecognizable. The doctor could not believe how good he looked and felt. He told him he was good for another 10 years. Suffice to say that my dad wasn't doing too well and was facing his mortality a couple of months ago. He was very lethargic and depressed.

Even my mom tells me that he has a new lease of life and a little spring in his steps. Thanks Tre' for helping my Dad.

Ginette Lockhart

My name is Susan & I have 2 children (15yr old son & 13yr old daughter) & my husband has his own business.

Numerous years ago, my doctor told me that I was hypoglycemic & mentioned that I should watch my sugar intake & eat more often. I have an aunt who is diabetic & I watched her give herself needles every meal. I just don't want to follow in her footsteps.

I eat my 3 meals a day & mini meals & I'm on a good program with GNLD but I still noticed that after I eat about an hour later I feel light headed & hungry. Also, within the past year I am constantly thirsty even after drinking water.

When I heard about the TRE and the antioxidant & anti-inflammatory benefits, I immediately wanted to start it because of the health benefits but within a short time I noticed great results with my blood sugar. Almost immediately the constant thirst disappeared & noticed that after eating I wasn't always hungry.

After researching the ingredients, I was surprised a couple of the ingredients help regulate insulin levels.

TRE will always be part of my diet & I am so happy that I finally found something to help my blood sugar. Thank you GNLD.

There have been many, many health issues I have experienced in my life, one of them being chronic constipation. This was an ailment that has affected me since I was approximately 6 yrs old or younger (well as far back as I can remember).

I had been rushed to hospital numerous times as a young girl – there was nothing that could be done (to correct the situation) at that time, according to the wonderful hospitals in England. It was bad, no bowel movements for a week or more, couldn't eat, couldn't sleep. Always lethargic – absolutely no energy and always bloated and constantly in pain. Not to mention the time missed in school.

About 6 years ago, I experienced yet another problem – A lesion on my womb. According to my specialist, my womb was fused to my bowels and was pushing against my left kidney, causing some discomfort. This may have caused the chronic constipation!

I had a choice: Have a complete hysterectomy which may alleviate the constipation or live with it. If I lived with it, I would have been in constant pain and end up losing a kidney. I opted for the surgery. Still, it did not help with the constipation.



Well...I started drinking Tré (1 ounce per day); within 24 hours I was amazed and relieved (no pun intended). I now have movements once a day sometimes twice a day. That is more than I can ask for considering what I've had to go through.

Thank you GNLD!

Angie Browne

*American Journal of Clinical Nutrition, 2004.

**American Journal of Cardiology, 2005.